



**Good Morning & Thanks for Starting Your Day
with Us!**

Morning Menu

Bagel with Cream Cheese & Butter 2.5

Bagel Selection

Plain, Asiago, Everything, Cinnamon Raisin, Olive Rosemary,
Sun Dried Tomato

Choice of Cream Cheese:

Plain, Strawberry & Light Cream Cheese

Fresh House-Made Quiche – Caramelized Red Onion & Spinach,
Button Mushrooms, Sliced Tomato & Feta, Organic Mixed Greens
Salad 9.0

Rise & Shine** – Two Hormone Free Eggs Any Style, Whole Grain
Toast,
Roasted Red Potatoes or Stone Ground White Cheddar Grits
Local Pork Sausage, Nitrate Free Bacon or Veggie Sausage 9.5

Breakfast Crepe – Hormone Free Scrambled Eggs, Aged Smoked
Gouda Cheese,
Organic Baby Spinach, Nitrate-Free Bacon wrapped in a Delicious
Crepe** 7.5

Breakfast Sandwich – Hormone Free Scrambled Eggs, Aged Sharp
Cheddar, Nitrate-Free Bacon on Hearty Whole Grain Toast** 6.5
Breakfast Sandwich on a Bagel Add 1.0

C&B Yogurt & Granola – Coconut & Cranberry Honey Toasted
Granola
Seasonal Fruit & Greek Yogurt 6.5

Fresh Baked Muffin-Blueberry, Cranberry Orange or
Cappuccino Chocolate Chip Served Warm with Butter 3.5

Jumbo Cinnamon Roll- Served Warm with Icing 4.0

Seasonal Fruit Cup – Sliced in Season Fruit 4.5

**** We are Happy to Offer Gluten Free Options for Bread,
Toast, English Muffins & Crepes Add 1.5 ****

**Eat with Integrity – Live with Gratitude
Cheers Y'all**