



LUNCH & LIGHT FARE MENU

TROUT CAKES ~ FRESH LOCAL MOUNTAIN TROUT, ORGANIC MIXED GREENS, SLICED CHERRY TOMATOES & CUCUMBER ~ SPICY REMOULADE 12.0

ROASTED GARLIC HUMMUS ~ TOASTED MEDITERRANEAN FLATBREAD & OLIVES 10.5

DATES ~ BLEU CHEESE STUFFED & BACON WRAPPED MEDJOOOL DATES, HONEY DRIZZLE 9.5

SPECIALTY BURGERS, SANDWICHES & CREPES

CHICKEN PESTO CREPE * ~ SAVORY GRILLED SPRINGER MOUNTAIN CHICKEN & BASIL PESTO

AGED SMOKED GOUDA & SLICED CREAMY AVOCADO 9.5

SOUTHWEST TURKEY CREPE * ~ SAVORY ALL NATURAL TURKEY BREAST, AGED SMOKED GOUDA, AVOCADO,

HOUSE-MADE FIRE ROASTED SALSA & CHIPOTLE SOUR CREAM 9.5

C&B BURRITO – SEASONED BLACK BEANS, GRILLED RED PEPPERS & ONIONS, BROWN RICE, SHARP CHEDDAR,

ORGANIC BABY SPINACH, AVOCADO ~ HOUSE-MADE SALSA & CHIPOTLE SOUR CREAM ~ KETTLE CHIPS 7.5

ADD SPRINGER MOUNTAIN FARMS GRILLED CHICKEN 2.5

THE BLACK BEAN BURGER* ~ GRILLED BLACK BEAN, SWEET BELL PEPPER, ONION, GARLIC & BROWN RICE BURGER, SLICED TOMATO, RED ONION, CRISP ROMAINE LETTUCE ON A HARVEST GRAIN ~ KETTLE CHIPS 9.0

THE ALL AMERICAN BURGER * ** ~ 7 OZ OF JUICY BRASSTOWN ANGUS BEEF ~ AGED CHEDDAR, FRESH SLICED TOMATO, RED ONION, CRISP ROMAINE ~ HARVEST GRAIN BUN ~ KETTLE CHIPS 9.0

GRILLED CHICKEN SANDWICH * ~ SAVORY GRILLED SPRINGER MOUNTAIN CHICKEN & AGED CHEDDAR, SLICED TOMATO, RED ONION, NITRATE FREE BACON MAYO, CRISP ROMAINE ~ HARVEST GRAIN BUN ~ KETTLE CHIPS 9.0

CLASSIC CLUB* ~ SAVORY ALL NATURAL TURKEY BREAST, CRISP NITRATE FREE BACON, AGED CHEDDAR

AVOCADO, LETTUCE, TOMATO & MAYO ~ HARVEST GRAIN TOAST ~ KETTLE CHIPS 11.5

CHICKEN SALAD SANDWICH ~ HOUSE-MADE CHICKEN SALAD, CREAMY HAVARTI CHEESE, SLICED TOMATO

ORGANIC MIXED GREENS ON WHOLE GRAIN TOAST ** ~ KETTLE CHIPS 8.0

PIMIENTO CHEESE BLT ~ HOUSE SPECIALTY PIMIENTO CHEESE & NITRATE FREE BACON,

SLICED TOMATO & ORGANIC MIXED GREENS ON WHOLE GRAIN TOAST ~ KETTLE CHIPS 8.0

~~~~ SUBSTITUTE SWEET POTATO FRIES FOR KETTLE CHIPS ... 2.0

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HOUSE-MADE SOUPS & COMBOS

**SOUP DU JOUR OR SPECIALTY CHILI - CUP OR BOWL - PRICED DAILY
SOUP & HALF SALAD COMBO - CUP OF SOUP DU JOUR WITH YOUR CHOICE OF
HALF SALAD 9.5**

**CHILI & HALF SALAD COMBO - CUP OF SPECIALTY CHILI WITH YOUR CHOICE
OF HALF SALAD 10.5**

SIGNATURE SALADS

**SPINACH ~ ORGANIC BABY SPINACH, FREE-RANGE HORMONE FREE BOILED EGGS,
SWEET RED ONION,
NITRATE FREE BACON & BUTTON MUSHROOMS 9.0**

**CAESAR ~ ARTISAN ROMAINE & HOUSE CAESAR DRESSING, SHAVED PARMESAN &
BAGUETTE CROUTONS 9.0**

**ORGANIC MIXED GREENS ~ SLICED TOMATO, CUCUMBER, CARROTS & RED
ONION 9.0**

**HOUSE-MADE DRESSING SELECTIONS: BALSAMIC OR CARROT GINGER VINAIGRETTE
~ BLEU CHEESE ~ CAESAR**

* GLUTEN FREE OPTIONS AVAILABLE FOR CREPES & BREAD FOR 1.50. WE DO NOT HAVE DESIGNATED GLUTEN
FREE COOKING SURFACES FOR ALL OPTIONS.

** THIS ITEM IS COOKED TO ORDER AND MAY BE SERVED RAW OR UNDERCOOKED. CONSUMING RAW OR
UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH,
OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS.

**EAT WITH INTEGRITY – LIVE WITH GRATITUDE
CHEERS Y'ALL**